

**Please Send Donations To:**

Albany KTC  
C/O Dean Hill  
358 Font Grove Rd.  
Slingerlands, NY 12159

**\*\*Make checks payable to Albany KTC\*\***

Enclosed is my donation of:

*Supporter Level* \$10  \$25  \$50  Other \$ \_\_\_\_\_

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MC

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*During meditation sessions, please pray for:* \_\_\_\_\_

Karma Thegsum Chöling is a 501(c)(3) not-for-profit organization, charitable donations to which may be considered tax-deductible to the fullest extent of the law. I affirm that KTC has provided no goods or services to you as a donor in return for this contribution, other than the intangible religious benefits which KTC provides in the fulfillment of its charitable mission.

## ***WHY SUPPORT THE MEDITATION-THON?***

- ❖ Help create a more peaceful world.
- ❖ Meditation increases our physical and mental health.
- ❖ We can all benefit from meditation, regardless of our particular spiritual heritage.
- ❖ Support a 1000 year old Buddhist teaching lineage based on love and compassion.
- ❖ Support the preservation of Tibetan culture.

Albany Karma Thegsum Chöling (KTC) Buddhist Meditation and Study Center provides meditation instruction, offers classes and study groups on Buddhist teachings and practice, hosts teachings and lectures by visiting teachers from around the world, offers Tibetan language instruction, and engages in a variety of community volunteer activities.

Albany KTC was established in 1979 by His Holiness the Sixteenth Karmapa, head of the Kagyu lineage, and is under the direction of Khenpo Karthar Rinpoche and Bardor Tulku Rinpoche of Karma Triyana Dharmachakra (KTDC).

Albany KTC's parent organization, KTD, is located in Woodstock, NY. In 1980, His Holiness the 16<sup>th</sup> Gyalwa Karmapa selected the site in Woodstock for the construction of a traditional Tibetan Buddhist monastery. The construction would be based upon a drawing that he created in response to requests by American students to establish a more permanent presence during his first visit in 1974.

Over the past 25 years, most of the construction has been completed, and only the residence for the community of practitioners remains unfinished. The new facilities will include accommodations for guests and staff as well as dining facilities and office space. It will also contain space for a larger library, additional shrines, and sacred art and statues to complement those found in the central temple. Eventually, as more students are ordained as monks and nuns, this residence will serve for their housing as well. The new building will enable KTD to continue to make available a *living and breathing* tradition of Tibetan Buddhism in the West.

